



Jimmy Carter Library & Museum News Release

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OLYMPIC SWIMMER DARA TORRES COMES TO CARTER LIBRARY *SIGN NEW BOOK "AGE IS JUST A NUMBER"*

Atlanta, GA. - Olympic Gold and Silver Medalist Dara Torres comes to the Carter Center next week as part of the Carter Library Author Lecture Series. Torres has set three world records and has brought home twelve Olympic medals, including four golds. She is the first American swimmer to have competed in five Olympics. She tells her story in her new book *Age is Just a Number: Achieve Your Dreams at Any Stage in Your Life*.

In partnership with the Georgia Center for the Book, Torres will speak at 7pm on Wednesday, April 29th at the Carter Center's Cecil B. Day Chapel. The reading and book signing are free and open to the public, but seating is limited. Doors to the Day Chapel open at 6pm. Come early for the best seats.

Members of "Friends of the Carter Library" can request *up-front reserved seats* by calling 404-865-7109 by noon on April 29th.

Dara Torres captured the hearts and minds of Americans of all ages when she launched her Olympic comeback as a new mother at the age of forty-one—years after she had retired from competitive swimming and eight years since her last Olympics. When she took three silver medals in Beijing—including a heartbreaking .01-second finish behind the gold medalist in the women's 50-meter freestyle—America loved her all the more for her astonishing achievement and her good-natured acceptance of the results.

Torres talks frankly about diving back in for this comeback; about being an older athlete in a younger athletes' game; about competition, doubt, and belief; about working through pain and uncertainty; and finally—about seizing the moment and, most important, never giving up. A truly self-made legend, her story will resonate with women of all ages—and with anyone daring to entertain a seemingly impossible dream.

Copies of *Age is Just a Number* will be sold at the event. Torres will do a book signing following her talk. For more information call 404-865-7109.